

Life Skills and Career Exploration
Data Recording Sheet

1. I am finding out more about the following life skills:

- a)
- b)
- c)

2. These life skills mean:

- a)
- b)
- c)

3. I am interested in the following careers:

- a)
- b)
- c)

4. Skills are needed for success in each of these careers.

- a)
- b)
- c)



5. (*Life skill*) is important to (*Career*) because...

a)

b)

c)

6. I am becoming prepared to be a (*Career*) because I am...